

DULUTH PARKS AND RECREATION

# FALL PROGRAMS

SEPTEMBER - DECEMBER 2024



[duluthmn.gov/parks](http://duluthmn.gov/parks)

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# ABOUT US

Fall Programming—A beautiful time of year in our parks!

Welcome to the 2024 Fall program listing! Get ready to mark your calendars, because there is something in here for everyone! The change of seasons is a beautiful time of year in our parks. We hope you make time to head outdoors, connect with friends and family at holiday socials, and enjoy all that our park system has to offer. From guided hikes, bus tours, sports leagues, and lots of holiday happenings, we hope you'll join us and our program partners this Fall.

**FOLLOW US ON SOCIAL MEDIA!**

@DuluthParksMN

Facebook Instagram

**Duluth Parks & Recreation**

Stay up to date with the latest from Duluth Parks and Rec!

Learn about programs, events, alerts, trail closures, and projects in the Duluth park and trail system.

Along the great Lake Superior, Duluth's extensive and all-season park system is a critical component of the city's physical, environmental, social, and economic well-being. In addition to a number of destination-quality parks, Duluth's park system offers an array of recreation amenities and a diverse trail network. Duluth's trail system includes 10 miles of horseback trail, 30 miles of paved accessible trail, 16 miles of gravel accessible trail, 38 miles of cross-country ski trail, 85 miles of bike-optimized singletrack trail, and over 150 miles of natural surface hiking trails!



## Mission Statement

To promote the health and well-being of our community, environment and economy by facilitating recreational opportunities and coordinating the enhancement of our parks, facilities and natural resources now and into the future.

## Vision Statement

To be the central driving force in strengthening the heritage of a healthy, active community for future generations by continuing on the path of improving and enhancing our parks and facilities, protecting our natural resources, and developing partnerships to deliver recreation programs and services.

## Financial Assistance Policy

The goal of the fee assistance policy is to lower financial barriers to participation in park programs for Duluth residents in financial need. Eligibility for the program is determined by completing an application and verifying City of Duluth residency. Qualified household members will be eligible to receive a discounted price on Parks and Recreation program fees. The discount is valid for the calendar year in which citizens applied and applicants must reapply for fee assistance each year. To qualify for assistance, applicants must affirm, one, that they are Duluth residents, and, two, that they are receiving, or are eligible for, one of the following benefits:

- School Free and reduced lunch program
- Housing Authority (HUD) Section 8 Rent Subsidy
- Medicare or Medicaid
- County financial assistance (SNAP, Emergency or Medical Assistance, Unemployment)
- Social Security Disability

The amount of fee assistance provided to each participant is limited per calendar year to:

- Up to \$300 per participant for qualifying programs
- Once recipients meet \$300 limit, then up to 50% off all other qualifying programs



## Weather Hotline

Call the weather hotline at 218-730-4321 for information on program cancellations or trail closure information, visit our Facebook page, **DuluthParksMN**, for the most up to date program information.

Visit [duluthmn.gov](http://duluthmn.gov)  
to register for programs

## Registration

### Online

To register for parks and recreation programs, please visit our online registration system at [duluthmn.gov/parks/register](http://duluthmn.gov/parks/register). Log in with your username and password, or create an account if you are new.

### Create Account

- Go to [duluthmn.gov/parks/register](http://duluthmn.gov/parks/register)
- Select “Create an Account”
- Enter all required information (all family members, contact information and birthdates must be entered – including correct year)

### Over the phone

- Duluth Parks and Recreation Office, 218-730-4300

## Payment

Payment must be made at the time of registration by cash, check or credit card.

## Cancellations and Refunds

- Participants wishing to withdraw from a program must do so at least three days prior to the start of the program or by the stated registration deadline to guarantee a full refund.
- Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved.
- Refunds can take up to three weeks to process.
- If program is cancelled by Parks & Recreation, full refunds will be issued.

## Photo Policy

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities, or while enjoying park spaces. Please note that these photos may be published by the City of Duluth.

## Contact Us



218-730-4300



[parks@duluthmn.gov](mailto:parks@duluthmn.gov)



[duluthmn.gov/parks](http://duluthmn.gov/parks)



Facebook: DuluthParksMN



Parks and Recreation – City Hall (Ground Floor) 411 W. First St., Duluth, MN 55802

# COMMUNITY EVENTS

## POP UP PLAY & DULUTH ARBOR DAY CELEBRATION

Drop in and celebrate Duluth Arbor Day, learn about our local trees and “Edible Duluth”, our public orchards, in 16 locations throughout the city.

Public orchards are designed to create an inclusive and interactive experience for all to enjoy, by producing organic food to be shared, educating ourselves and our neighbors, improving and beautifying public spaces. There are 12 apple variations as well as one cherry tree variation.

For more information on Edible Duluth visit [duluthmn.gov/parks/natural-resources/edible-duluth](http://duluthmn.gov/parks/natural-resources/edible-duluth)

Ages: All

Washington Square Park, 4215 E. Superior St.

Th | Sept. 12 | 4-6 p.m. | Free

## PUMPKIN PALOOZA

We'll have all the materials you may need to paint, carve, and create! Join the library for a pumpkin themed storytime from 10-10:30 a.m. and get crafty from 10:30 a.m.-noon. Limited supply of pumpkins available at first come-first serve for those who need one, or bring your own.

Ages: All

Harrison Park, 3002 W. 3rd St.

Sa | Oct. 12 | 10 a.m.-noon | Free

## GLOW HIKE

Experience the fun of night hiking with a self-guided, glow-stick illuminated hike on Waabizheshikana (The Marten Trail) and stick around for roasting s'mores and a bonfire before or after your hike.

Sunset is at 6:03 p.m. Come right away for a twilight experience from 6-6:30 p.m.; expect a more night-time experience from 6:30-8 p.m. Waabizheshikana is an all-weather crushed gravel trail along the St. Louis River with some rolling terrain.

Ages: All

Waabizheshikana, Indian Point Campground, 7000 Pulaski St.

F | Oct. 25 | 6-8 p.m. | Free



# COMMUNITY EVENTS

## HOWL-O-WEEN AT KEENE

Drop by Keene Creek Dog Park with your dog to play, take a photo with our Howl-o-ween photo booth, and pick up a treat bag just for your pup!

Costumes encouraged but not required to join in the fun. Dogs must be leashed when outside the dog park area. Register by October 14 to guarantee a goodie bag for your dog! \$5 per treat bag; no purchase necessary to join the party! Enter your name into a drawing for dog toys at 5:45 p.m. Must be present to win.

Ages: All

Keene Creek Dog Park, Bristol St. & 63rd Ave. W. W | Oct. 16 | 4-6 p.m. | \$5 per treat bag  
Course #3819

## SOLSTICE LUMINARY HIKE

Welcome winter with a self-guided, candle-lit walk!

Drop in anytime between 5-8 p.m. Start from the Enger Park Golf Course Clubhouse and follow the luminaries along a snow stomped path. Enjoy a cup of hot chocolate as you welcome in longer days ahead!

Limited parking; please carpool. Trail will be less than a mile, and conditions will vary based on weather leading up to the event. Event updates will be posted on our social media pages leading up to the event @DuluthParksMN (Facebook, Instagram)

Ages: All

Enger Park Golf Course, 1801 W. Skyline Pkwy. Th | Dec. 19 | 5-8 p.m. | Free

## JIGSAW PUZZLE COMPETITION

Gather a team of 4 and indulge in a night of competitive speed puzzling! See how quickly you can complete a 500 piece puzzle. Prizes will be awarded to the top finishing teams. All teams get to keep their competition puzzle. Registration opens Oct. 1.

Ages: 18+

Evergreen Community Center, 5830 Grand Ave.

Th | Nov. 14 | 5-6 p.m. Casual Puzzling/Warm-up, 6-8 p.m. Competition | \$40/team | Course #3815



# GENERAL PROGRAMS

## COLD FRONT

SATURDAY, FEBRUARY 1, 2025  
NOON-6 P.M. | BAYFRONT PARK

SAVE THE DATE!



CELEBRATE THE BEST  
OF WINTER FUN!

Sponsorship  
opportunities  
available now!

[coldfrontduluth.com](http://coldfrontduluth.com)

## SAILING WITH DULUTH SUPERIOR SAILING ASSOCIATION

Learn the basics of sailing with the Duluth Superior Sailing Association. Participants will spend time both onshore and out sailing. Participants will start with learning basic sailing knowledge like wind direction, simple sailing knots, and parts of a sailboat. The second half of the lesson will be rigging a sailboat and working on more basic sailing skills while under sail. New sailors will learn to sail upwind, downwind, how to approach the dock, and on water safety skills. This is a great way to get into sailing and then explore more instruction and opportunities with DSSA! This course is two evenings.

Ages: 16+

Park Point, 45th St. & Minnesota Ave.  
Th | Sept. 12 & 19 | 4-6:30 p.m. | \$110  
Course #3725



## GONE FISHIN'

We'll teach you how to fish and share fishing stories of the past while fishing. All equipment provided. This program is designed for anyone looking to learn something new, refresh their skills, or just go fishing. No fishing license is required.

Ages: 18+

Chambers Grove Park, 13404 MN Hwy. 23  
Th | Sept. 12 | 9-11 a.m. | \$10 | Course #3729





# GENERAL PROGRAMS

## ADVENTURE BOOK CLUB

Join us with Duluth Public Library for a book club in the great outdoors! Held at a different City park each month, we'll discuss a book with an outdoor theme, followed by a low-impact, optional hike led by Parks and Recreation.

Ages: 18+

F | 10 a.m.-noon | Free | Up to 2 miles on easy trails

Date	Location	Course #
Sept. 13	Chester Park, 1801 E. Skyline Pkwy.	3669
Oct. 11	Lincoln Park, 25th Ave. W. & 5th St.	3670

## FREE HOLIDAY THEME NIGHTS AT OPEN SKATE

Join us on the ice for our free holiday skate nights!

Ages: All

Essentia Duluth Heritage Center, 120 S. 30th Ave. W.  
W | 6:30-8 p.m. | Free

Date	Theme
Oct. 30	Boo Bash
Nov. 20	Gobbler Glide
Dec. 11	Frosty's Frozen Skate Party

## OPEN SKATE

This is an opportunity for anyone to try out ice skating. Indoor rink, music, and no sticks or pucks allowed for a comfortably paced and secure environment for active fun and interaction. Limited skates available for use. Pre-register online, or pay at the door (cash and cards accepted).

Ages: All

Essentia Duluth Heritage Center, 120 S. 30th Ave. W.

Sept. 4-Dec. 18 | \$3

Su 3-5 p.m. | W 6:30-8 p.m.



# GENERAL PROGRAMS

## GLOW DISC GOLF

Let's play some disc golf in the dark! We will charge up our glow discs and light up the nets. It will be a blast!

Ages: 12+

Morgan Park, 1242 88th Ave. W.

W | Oct. 9 | 6-7 p.m. | \$5 | Course # 3737

## FUTSAL

Don't let the winter months prevent you from playing the 'beautiful game'! Keep your soccer skills sharp by playing Futsal at Washington Center Gym. Balls and nets provided; please wear court shoes that are different than the shoes you arrive in.

Ages 13-17: Learn & Play – this teen group will start each night with a short topic like Futsal rules, skills drills, or practice; then spend the remaining time playing small-sided games.

Ages 18+: Open Futsal – this adult group will break into teams and play small-sided, pick-up style games.

Washington Center Gym, 310 N. 1st Ave. W.

Th | Nov. 7-Dec. 12\* | \$20

Ages	Time	Course #
13-17	6:15-7:30 p.m.	3767
18+	7:30-8:45 p.m.	3768

\*No Futsal on Nov. 28



## INTRO TO ARCHERY

Come learn a new skill and practice your accuracy at Intro to Archery! Participants will learn the basic safety, technique, and process for shooting archery and practice their skills on the range. This is an introductory class for families and community members to learn the basics of archery.

The bows that will be used are not suitable for children under the age of 8. All equipment provided; no personal archery equipment will be allowed.

Ages: 8+

Washington Center Gym, 310 N. 1st Ave. W.

6:20-7:40 p.m. | \$7

Day	Date	Course #
M	Oct. 7	3748
Th	Oct. 10	3749
Tu	Oct. 15	3750



# GENERAL PROGRAMS

## OPEN ARCHERY

Once you've taken an Intro to Archery class, camp, or program through Parks & Recreation, join us for Open Archery. This program is a chance for you to come review and practice your archery skills!

All equipment provided; no personal archery equipment will be allowed.

Ages: 8+

Washington Center Gym, 310 N. 1st Ave. W. 6:20-7:40 p.m. | \$7

Day	Date	Course #
Th	Oct. 17	3751
M	Oct. 21	5753
Th	Oct. 24	3754
M	Oct. 28	3755

## ARCHERY LEAGUE

Archery League is designed for beginner recreational archers to continue skill development through friendly competition. Participants will learn how to use a scorecard and participate in scoring rounds each week to track personal progress.

All equipment provided; no personal archery equipment will be allowed. Prerequisite is a Parks & Recreation Intro to Archery class, Archery Camp, or Archery Club course.

Ages: 10+

Washington Center Gym, 310 N. 1st Ave. W.

M | Nov. 18-Dec. 9 | 6:20-7:40 p.m. | \$35 | Course #3756



# GENERAL PROGRAMS

## ARCHERY TOURNAMENT

Join in on some friendly competition in an Archery Tournament! Participants will test their archery skills in scoring rounds shot from two different distances. Prizes for top archers in each age group (10-13, 14-17, and 18+).

Prerequisite is a Parks & Recreation Intro to Archery class or Parks & Recreation Archery club course. All equipment provided; no personal archery equipment will be allowed.

Ages: 10+  
Washington Center Gym, 310 N. 1st Ave. W.  
Sa | Dec. 14 | 1-3 p.m. | \$10 | Course #3770

## TEAM SNOWSTOMPERS

Be a part of Team Snowstompers! As a snowstomper, you will adopt a section of trail within city limits to keep the trail packed down after all snowstorms. By doing this you will make that trail more accessible for anyone without snowshoes. We have set trail sections below to adopt. Please register for only one section.

Trail Section	Course #
Lincoln Park Trail	3757
Kingsbury Creek Loop	3758
Twin Ponds to Antenna Farm	3760
Chester Rim Trail	3762
Chester Creek Loop	3761
Morningside Trail to Jean Duluth Rd.	3764



## CANOEING ADVENTURES

Spend the day experiencing the St. Louis River estuary from a 15-person Voyageur-style canoe! Staff from Camp Amnicon will lead this paddling day trip on our beautiful river.

Lunch is provided. Upon registration, you will receive communication from Parks on additional information needed by Camp Amnicon.

Ages: 18+  
Munger Landing, Clyde Ave.  
Su | Sept. 22 | 9 a.m.-3 p.m. | Free | Course #3763

## POP UP PLAY

Join our programming team at a new park every week for Pop Up Play! We will have extra games and activities every Thursday at our city parks.

Ages: All  
Th | 4-6 p.m. | Free

Date	Location
Sept. 5	Merrit Park, 4017 W. 7th St.
Sept. 12	Washington Square, 4215 E. Superior St.
Sept. 19	Hillside Sport Court, 408 E. 8th St.



# GENERAL PROGRAMS

## MUSIC TOGETHER

Discover the joy of making Music Together! Sing, laugh, move, and learn along with your baby, toddler, or preschooler for 45 minutes of pure fun each week in these award-winning classes. We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing, and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music-makers – just by having fun making music themselves. Classes are mixed-age so the siblings can be together. Infants under eight months on the first day of the session attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook, and parent education materials.

Try a free demo class to see if this program is a good fit for your family. Infant sibling younger than 8 months old can attend for free.

Ages: Infant-Preschool with Adult Caregiver  
Portman Community Center, 4601 McCulloch St.

Day	Date	Time	Cost	Course #
M	Sept. 9 – FREE DEMO	10:15-11:00 a.m.	FREE	3797
M	Sept. 9 – FREE DEMO	5:30-6:15 p.m.	FREE	3798
M	Sept. 23-Dec. 9*	9:30-10:15 a.m.	\$182	3799
M	Sept. 23-Dec. 9*	10:30-11:15 a.m.	\$182	3800
M	Sept. 23-Dec. 9*	4:30-5:15 p.m.	\$182	3801
M	Sept. 23-Dec. 9*	5:30-6:15 p.m.	\$182	3802
M	Dec. 16 – FREE DEMO	10:15-11:00 a.m.	FREE	3803
M	Dec. 16 – FREE DEMO	5:30-6:15 p.m.	FREE	3804

\*No class on Oct. 14 and Nov. 11

Note: additional sibling is \$105; use “Additional Sibling – Music Together” discount during check-out for this rate.

## WOMEN HIKE DULUTH

We have partnered with Hike Duluth to provide guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather. Each month will be a new location.

Day	Date	Time	Location	Difficulty	Course #
Tu	Sept. 17	6-7 p.m.	Waabizheshikana, 1242 88th Ave. W.	Easier	3811
<i>New section: Marten Trail, Meet at Morgan Park Community Center</i>					
Sa	Oct. 19	10 a.m.-noon	Lester Park, Superior St. & Lester River Rd.	Moderate	3812
Sa	Nov. 9	10 a.m.-noon	Ely's Peak, Trailhead 123rd Ave. W & Beck's Rd.	More Difficult	3813
Tu	Dec. 17	6-7 p.m.	Twin Ponds, Trailhead W. Skyline & Hank Jensen Dr.	Moderate	3814

# GENERAL PROGRAMS

## HIKING THE SUPERIOR HIKING TRAIL: THE DULUTH EDITION

Hike the Duluth Section of the Superior Hiking Trail with Duluth Parks and Recreation! Hikers must sign up for shuttle in advance to guarantee a spot on the shuttle. The Parks & Recreation shuttle will meet at the end location and transport you to the start location. Hikers are welcome to hike ahead at their own pace or stay with the group, ending at the shuttle pick-up location. Please bring water, adequate footwear, and a camera.

Ages: All  
Su | 2:45 p.m. | \$5

Date	Shuttle Pick-Up Location	Hiking Route	Miles	Hike Time	Course #
Aug. 18	Enger Park Trailhead 1461 W. Skyline Pkwy.	Haines Rd Trailhead to Enger Park Trailhead	4.5	2.5 hours	3608
Aug. 25	Rose Garden 15 S. 13th Ave. E.	Enger Park Trailhead to Rose Garden Trailhead	3.8	2.25 hours	3609
Sept. 8	Hartley Trailhead 3001 Woodland Ave.	Rose Garden Trailhead to Hartley Park Trailhead	4.5	2.5 hours	3610
Sept. 15	Martin Rd. Trailhead Near 3801 Martin Rd.	Hartley Park Trailhead to Martin Rd. Trailhead	3.1	1.5 hours	3611



# GENERAL PROGRAMS

## SCIENCE HIKE WITH DUFTA & PARKS AND REC

Parks and Recreation is teaming up with Duluth Foot Trails Alliance to offer a monthly hike and science adventure. We will lace up snowshoes when needed (provided for free if you need a set) and hike in different parks around the city. Come prepared to learn something new and get fresh air with a great crew!

Ages: 10+

Th | \$5

Date	Time	Session	Location	Course #
Sept. 19	5:30-7 p.m.	Mapping Duluth Trails	Lester Park, 61st Ave. E. & Superior St.	3766
Oct. 10	2-3:30 p.m.	Geology from Enger Park	Enger Park, 1601 W. Skyline Pkwy.	3769
Nov. 21	4:30-6 p.m.	Habitat Restoration	Waabizheshikana, 1242 88th Ave. W.	3770

*New section: Marten Trail, Meet at Morgan Park Community Center*

## FULL MOON HIKE

On the evening of the full moon, join us for a hike to catch the moon rising over our great city. Headlamps provided if needed.

Ages: All

Day	Date	Time	Cost	Location	Difficulty	Course #
W	Sept. 18	7-8 p.m.	\$5	Kingsbury Creek, Fairmont Park & Waseca St.	Moderate	3730
Th	Oct. 17	6-7 p.m.	\$5	Park Point Trail, 5000 Minnesota Ave.	Moderate	3732
F	Nov. 15	5-6 p.m.	\$5	Waabizheshikana, 7011 Pulaski St.	Easier	3733
Su	Dec. 15	5-6 p.m.	\$5	Hawk Ridge, E. Skyline. & 52nd Ave. E.	Easier	3734



# ADULT LEAGUES

## KICKBALL LEAGUE

Throw, kick, and catch your way to a good time! This is an open (no gender restrictions) league! Season consists of a regular season and end of year playoffs. Teams will play once a week each Wednesday between the hours of 6-10 p.m. Deadline to sign up a team is Wednesday, August 21.

Ages: 18+  
Wheeler Athletic Complex, 3501 Grand Ave.  
W | Aug. 28-Oct. 9 | 6-10 p.m. | \$150 per team  
Course #3772

## ULTIMATE FRISBEE LEAGUE

Throw, catch, and score in this Ultimate Frisbee league under the lights! Register as an individual and then be placed on a team. Deadline to sign up is Friday, August 30.

Ages: 18+  
Chester Park, 1800 E. Skyline Pkwy.  
M | Sept. 9-Oct. 28 | 6-9 p.m. | \$30 per individual  
Course #3809



## VOLLEYBALL LEAGUE

This is a fun, recreational open (no gender restrictions) league! It will be played as 6 v 6. Season consists of a regular season and end of year playoffs. Teams will play once a week each Sunday between the hours of 6-10 p.m. Deadline to sign up a team is Friday, October 25.

Ages: 18+  
Washington Center Gym, 310 N. 1st Ave. W.  
Su | Nov. 3-Dec. 15 | 6-10 p.m. | \$150 per team  
Course #3810

## ADULT OPEN PICKLEBALL

This is drop-in pickleball, no registration required. Monday and Friday will be beginner/open play, while Tuesday and Thursday are for Intermediate/open play. Game rotation will vary based on attendees. Bring your own paddle, ball, and gym shoes.

Ages: 18+  
Washington Center Gym, 310 N. 1st Ave. W.  
M, Tu, Th, F  
September 30 – December 13\*  
9-11 a.m. | \$3 per day  
Course #3820

\*No pickleball Oct. 14, 17, 18, Nov. 5, 11, 27-29



# YOUTH

## NFL FLAG FOOTBALL LEAGUE

Our flag football program is designed to develop skills and a fundamental understanding of the game while emphasizing participation and sportsmanship! Deadline to sign up is Thursday, August 15.

Ages: 5-14

Wheeler Athletic Complex, 3501 Grand Ave.  
Tu, Th | Sept. 3-Oct. 10 | \$80

Grades	Time	Course #
K-2	5:30-6:30 p.m.	3644
3-5	6:30-7:30 p.m.	3646
6-8	7:30-8:30 p.m.	3647



## HOMESCHOOL GYM TIME

This program will provide various activities for youth to stay active indoors during the colder months. Each day will consist of a structured activity led by staff for first half of the session; the second half will allow for continued practice of the day's focus or for other games and activities using a variety of sports and play equipment.

This activity engages a wide range of ages; groups will be split by age for some activities, other activities will include all ages together.

Limited space available; registration in advance required.

Ages: 6-14

Washington Center Gym, 310 N. 1st Ave. W.  
12:30-1:45 p.m. | \$2/day

Day	Date	Course #
W	Nov. 13-Dec. 18*	0567-0571
F	Nov. 8-Dec. 20*	0572-0577

\*No Homeschool Gym Time on Nov. 27 and Nov. 29

## TODDLER PLAY TIME

Come enjoy some indoor play space during the winter months! Both adults and children have the opportunity to engage in active play and socialize with others. Adults choose toys and equipment that are suitable for the age and interest of their children. This is an open-play style program and no hands-on instruction will be provided.

Ages: 0-5 with caregiver  
10-11:30 a.m. | Free

Day	Date	Location
W	Oct. 9-Dec. 18*	Washington Center Gym, 310 North 1st Avenue West

\*No Toddler Play Time on Nov. 6 and Nov. 27

# 55+ PROGRAMS

## 55+ Senior Program Locations:

- Evergreen Community Center | 5830 Grand Ave.
- Harrison Community Center | 3002 W. 3rd St.
- Morgan Park Community Center | 1242 88th Ave. W.
- Portman Community Center | 4601 McCulloch St.

## SENIOR DINING

Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) at some of our park locations for a \$4.50 contribution for those 60 and above, or \$7.50 for those under 60. Meal reservations must be made at least 24 hours in advance. Dining menus can be found at Evergreen Senior Center.

To sign up for senior dining, please call: 218-727-4321 or 218-727-6448

## ACTIVITY CLUBS

Activity Clubs are volunteer-organized groups that meet in park spaces and community centers throughout the city. Everybody aged 55+ is welcome to join an existing or create a new Activity Club. For more information on creating or participating in an Activity Club, please visit: [duluthmn.gov/parks/seniors](http://duluthmn.gov/parks/seniors) or contact the Senior Phone Line at 218-730-4310. Schedules are subject to change.

Activity	Location	Day	Time	Course #
500 Cards	Evergreen, 5830 Grand Ave.	Tu, F	12:15-3 p.m.	1968
BINGO	Evergreen, 5830 Grand Ave.	Th	12:30-3 p.m.	2226
BINGO	Morgan Park, 1242 88th Ave. W.	W	12:30-3 p.m.	2079
Bone Builders	Evergreen, 5830 Grand Ave.	Tu, Th	9-10 a.m.	1969
Bridge	Portman, 4601 McCulloch St.	M	Noon-3 p.m.	1965
Cribbage	Evergreen, 5830 Grand Ave.	M	6:30-8:30 p.m.	3143
Cribbage	Evergreen, 5830 Grand Ave.	W, Sa	1-4 p.m.	2809
Cribbage	Morgan Park, 1242 88th Ave. W.	Tu	12:30-3 p.m.	1959
Dominoes	Evergreen, 5830 Grand Ave.	M	10 a.m.-noon	1967
Hand and Foot	Evergreen, 5830 Grand Ave.	M	Noon-3 p.m.	1966
Men's Coffee and Chat	Portman, 4601 McCulloch St.	W	9-11 a.m.	2031
Play/Learn Mahjong	Evergreen, 5830 Grand Ave.	W	Noon-3 p.m.	1960
Puzzle and Play	Portman, 4601 McCulloch St.	W	11 a.m.-1 p.m.	3726



## 55+ PROGRAMS

### 2ND HALF-ERS AFTERNOON BREAK

Looking for a social group? This is an informal get together to grow connections and friendships. Enjoy sincere discussions aimed at eliminating isolation and loneliness. Coffee and tea will be served. You do not need to register, you can just drop in.

Ages: 55+

Evergreen, 5830 Grand Ave.

2nd and 4th Wednesdays of the month | 3-4 p.m. | Free | Course #3583

### PORTMAN PUZZLE AND PLAY

Join us in the Lakeside neighborhood for puzzles, games, and fun! This will be a casual gathering where you can come do a puzzle, learn a new game, and enjoy the company of your neighbors. Portman Puzzle and Play will be every Wednesday. Parks and Recreation will provide games, but you are welcome to bring one along. You can just drop in, no registration required.

Ages: 55+

Portman, 4601 McCulloch St.

W | Sept. 4-Dec. 18 | 11 a.m.-1 p.m. | Free | Course #3726

### GENTLE YOGA

Yoga offers many benefits to the mind and body! It relieves stress and tension, calm the nervous system, improve balance, and help maintain mobility. Our yoga instructor will guide you through a relaxing flow to leave you feeling refreshed. No previous experience is necessary, all levels welcome! Adaptations can be made where possible.

Please arrive 15 minutes early and wear comfortable clothing. You may bring your own yoga mat or the instructor will have some available. Optional items to bring include a water bottle if desired, beach towel, and a throw pillow for comfort in lying positions.

Ages: 55+ | No drop-ins allowed

**Portman Community Center**, 4601 McCulloch St.

Session 1 | Tu | 5:30 p.m.-6:30 p.m. | \$30 | Course #3771

Sept. 17, 24, Oct. 1, 8, 15, 22

Session 2 | Tu | 5:30 p.m.-6:30 p.m. | \$30 | Course #3789

Oct. 29, Nov. 12, 19, Dec. 3, 10, 17

\*No class November 5 or 26

**Lafayette Community Center**, 3016 Minnesota Ave.

We | 5:45 p.m.-6:45 p.m. | Oct. 16, 23, 30, Nov. 6, 13, 20, Dec. 4, 11 | \$40 | Course #3790

\*No class Nov. 27

Max Enrollment at Portman: 16; Max Enrollment at Lafayette: 14

## 55+ PROGRAMS

### SENIORS GET SAVVY

Do you have questions about your new device? Want to learn how to best utilize your settings? How to access Facebook on your phone? Bring your questions and drop in for an informational Q&A session to help build your confidence in technology! Be sure to bring your devices and know your passwords. Please note, this is NOT a repair or virus removal service. This program can help with basic technology questions, but may not be able to answer all individual inquiries.

Ages: 55+  
Evergreen, 5830 Grand Ave.  
Th | Sept. 19, Oct. 17, Nov. 21 | 10 a.m.-noon |  
Free | Course #3209

### ANNUAL SENIOR HOLIDAY PARTY

Celebrate the season together at Morgan Park Community Center. Enjoy a door prize drawing, lunch, dessert, games, and music. Meal provided by AEOA.

Register by December 5. Registration is required. Members of different households must register for themselves.

Ages: 55+  
Morgan Park, 1242 88th Ave. W.  
Th | Dec. 12 | 10:30 a.m.-2 p.m. | \$10 | Course #3817

### DAY TRIP: CHANHASSEN DINNER THEATRE "WHITE CHRISTMAS"

Celebrate the magic of the holiday season by traveling to the Chanhassen Dinner Theatre to see Irving Berlin's White Christmas – The Musical. Traveling on a coach bus, we will arrive at the theatre for lunch, where you will select an entrée of your choice. Coming to the Dinner Theatre's stage for the first time, White Christmas is a festive celebration of romance, friendship, and the magic of Christmas.

Pick up locations are at Wheeler Athletic Complex in west Duluth, and the Scanlon Park and Ride. Registration deadline is Friday, September 27.

Ages: 55+  
Wheeler Athletic Complex, 3501 Grand Ave.  
W | Nov. 6 | 7:30 a.m.-7:45 p.m. | \$140 | Course #3795



# FACILITY RESERVATIONS

## FACILITIES

Facility	Address	Capacity	Handicap Accessible	Wi-Fi Available	Projection Screen	Microwave	Sink	Fridge	Stove	Ample Off-Street Parking	Limited Off-Street Parking	On-Site Event Host
City Center West/Evergreen Center	3501 Grand Ave.	50	x	x	x	x	x	x	x		x	
Morgan Park Community Center	1242 88th Ave. W.	100	x		x	x	x	x		x		
Harrison Community Center	3002 W. 3rd St.	50	x		x	x	x	x	x		x	
Portman Community Center	4601 McCulloch St.	50	x		x	x	x	x		x		
Lafayette Community Center	3026 Minnesota Ave.	50	x			x	x	x			x	
Park Point Beach House	4750 Minnesota Ave.	200	x		x	x	x	x		x		x
Wade Stadium	101 N. 35th Ave. W.	400	x							x		x
Washington Center Gym	310 1st Ave. W.	100	x								x	

## PARKS

Park	Address	Capacity	Private Events	Wedding Events	Pavilion	Gazebo	Stage	Stadium	Electricity	Grill(s)	Permanent Restroom (May - Oct)	Portable Toilet	Playground	Ample Off-Street Parking	Limited Off-Street Parking
Bayfront Playfront Park	350 Harbor Dr.	20	x	x	x						x	x	x	x	
Brighton Beach Park	6202 Congdon Blvd.	50	x	x	x					x		x	x	x	
Chambers Grove Park	13419 W. 3rd St.	100	x	x	x				x	x	x		x	x	
Chester Park	1801 E. Skyline Parkway	200	x	x			x			x		x	x	x	
Enger Park	1601 Enger Tower Dr.	100	x	x		x			x	x	x				x
Gichi-ode' Akiing Park	218 Canal Park Dr.	50		x					x		x			x	
Lakewalk Plaza	504 Canal Park Dr.	50		x								x		x	
Leif Erikson Park	1301 London Rd.	250	x	x			x		x			x			x
Lester Park	61 Lester River Rd.	250	x	x	x				x	x		x	x		x
Lincoln Park	2505 W. 3rd St.	100	x	x	x		x			x		x			x
Memorial Park	5315 Grand Ave.	50	x	x	x					x		x	x		x
Park Point Pavillion 1	4750 Minnesota Ave.	50	x	x	x				x	x		x		x	
Park Point Pavillion 2	4750 Minnesota Ave.	50	x	x	x				x	x		x		x	
Rose Garden	15 S. 13th Ave. E.	150		x		x			x		x			x	
Sister Cities Park	218 Canal Park Dr.	50		x							x			x	
Wade Stadium - Special Event	101 N 35th Ave W.	400	x	x				x	x			x		x	

The following buildings are managed on behalf of Parks & Recreation by third parties.

Please contact them directly for assistance.

- [Bayfront Family Center](#) • 218.755.5051 • [bayfrontfestivalpark.com](http://bayfrontfestivalpark.com)
- [Chester Bowl Chalet](#) • 218.724.9832 • [sam@chesterbowl.org](mailto:sam@chesterbowl.org) • [chesterbowl.org](http://chesterbowl.org)
- [Central Hillside Community Center](#) • 218.727.5372 • [jsimonette@1roofhousing.org](mailto:jsimonette@1roofhousing.org)
- [Hartley Nature Center](#) • 218.724.6735 • [info@hartleynature.org](mailto:info@hartleynature.org)
- [Gary New Duluth Recreation Center](#) • 218.464.1930 • [gnd.community](http://gnd.community)
- [Lester-Amity Chalet](#) • 218.721.8241 • [duluthxc.com](http://duluthxc.com)
- [Woodland Community Center](#) • 218.722.4745 • [eranta@duluthymca.org](mailto:eranta@duluthymca.org)

# FACILITY RESERVATIONS

## ATHLETICS

### Make a Reservation - Athletics, Facilities, and Parks

Permit applications and facility rentals can be found online: [duluth.gov/parks/reservations-permits](http://duluth.gov/parks/reservations-permits)

Athletic Facility	Address	Multi-Use Field	Youth Baseball	HS/College Baseball	HS Baseball Field	Softball Field	Pickleball	Tennis	Bocce Ball	Horseshoes	Basketball Court	Sand Volleyball	Lights	Scoreboard
Blackmer Park	8301 Beverly St.	x												
Chester Park	1800 E. Skyline Pkwy.	x												
Duluth Heights	33 W. Mulberry St.	x	x											
Helmer Carlson (Basswood Field)	900 N. Basswood Ave.		x			x								
Irving Park	20 S. 57th Ave W.	x												
Merritt Park	4017 W. 7th St.	x	x			x	x				x			
Wheeler Complex	35th Ave. W. & Grand Ave.						x	x	x	x	x	x		
Wheeler Ball Field 1	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 2	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 3	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 4	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 5	35th Ave W. & Grand Ave.				x								x	x
Wade Ball Field 6	35th Ave W. & 1st St.		x			x							x	x
Wade Ball Field 7	35th Ave W. & 1st St.		x			x							x	x
Wade Stadium	35th Ave W. & 1st St.			x									x	x
Woodland Park	3211 Allendale Ave.	x	x			x								



## Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: [duluthmn.gov/parks/parks-planning/progress-in-the-park](https://duluthmn.gov/parks/parks-planning/progress-in-the-park)

## Guiding Documents

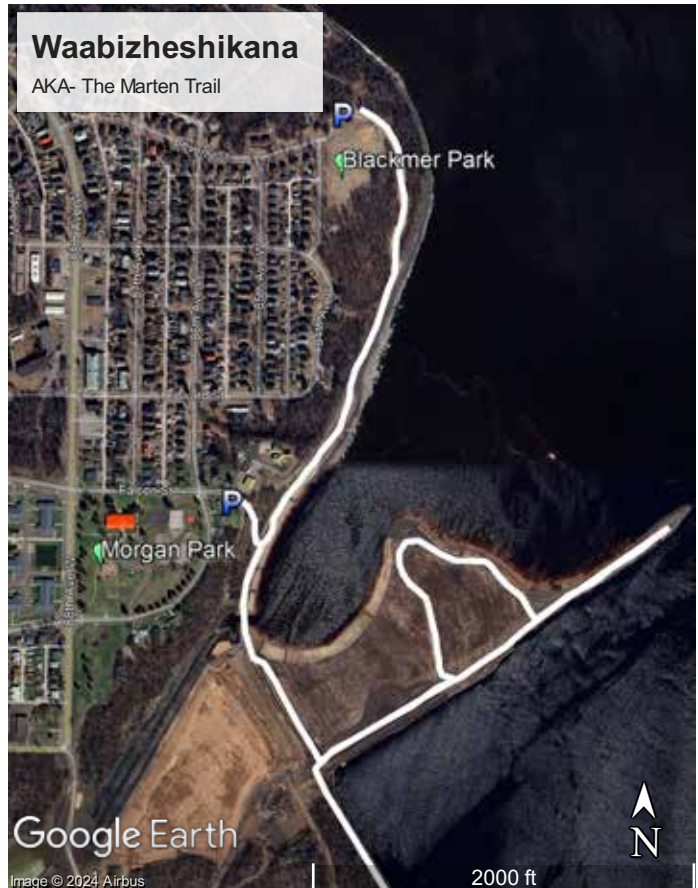
Parks & Recreation decisions and services are guided and informed by a series of reference documents, such as mini-master plans, natural area management plans, and ordinances as approved by the Parks and Recreation Commission and/or City Council. To learn more about the background, public engagement processes, design approach, and recommendations related to specific parks and natural areas, please visit our Parks Planning Library and Duluth Natural Areas Programs pages at [duluthmn.gov/parks/parks-planning/parks-planning-library/](https://duluthmn.gov/parks/parks-planning/parks-planning-library/) and [duluthmn.gov/parks/natural-resources/dnap](https://duluthmn.gov/parks/natural-resources/dnap)

## Project Highlight

Waabizheshikana: The Marten Trail Segment 3 -- US Steel Ribbon Cutting

A ribbon cutting was held on Wednesday, July 10 to celebrate the opening of the 1.5-miles of new trail on the US Steel site. This segment of Waabizheshikana is accessible via Blackmer Park and from Falcon Street, located near the Morgan Park Community Center. The trail runs along the St. Louis River on the US Steel site to roughly Wire Mill Pond, with a loop trail on the Spirit Lake Delta.

Stay tuned for more updates on Waabizheshikana as we continue to work towards the completion of all the connecting the segments of this trail along the riverfront. For more information on the project, visit: [duluthmn.gov/media/9110/website-version-of-wwwft-1320.pdf](https://duluthmn.gov/media/9110/website-version-of-wwwft-1320.pdf)





[duluthmn.gov/parks](http://duluthmn.gov/parks)