

DULUTH PARKS AND RECREATION

FALL PROGRAMS

SEPTEMBER - DECEMBER 2023



duluthmn.gov/parks

TABLE OF CONTENTS

About Us	1
Information	2-4
Recreation Programs	
Community Events	5-6
General Programs	7-14
Adult Leagues	15
Youth	16
55+	17-23
Rental Information	
Parks and Community Centers	24
Athletic Facilities	25
Park Planning	26



ABOUT US

Fall Programming—A beautiful time of year in our parks!

Welcome to the 2023 Fall program listing! Get ready to mark your calendars, because there is something in here for everyone! The change of seasons is a beautiful time of year in our parks. I hope you make time to head outdoors, connect with friends and family at holiday socials, and enjoy all that our park system has to offer. From guided hikes, bus tours, sports leagues, and lots of holiday happenings, we hope you'll join us and our program partners this Fall.

We'd like to extend a special thanks our Recreation Team and the work they do to coordinate these programs and to our partner organizations for their collaboration to help bring a wide range of programs to you.

If you are looking for information on how to reserve park facilities for your own events and gatherings – you'll find listings towards the end of the guide as well.

All the best,



Jessica Peterson
Parks and Recreation Manager



Along the great Lake Superior, Duluth's extensive and all-season park system is a critical component of the city's physical, environmental, social, and economic well-being. In addition to a number of destination-quality parks, Duluth's park system offers an array of recreation amenities and a diverse trail network. Duluth's trail system includes 10 miles of horseback trail, 30 miles of paved accessible trail, 16 miles of gravel accessible trail, 38 miles of cross-country ski trail, 85 miles of bike-optimized singletrack trail, and over 150 miles of natural surface hiking trail!

Mission Statement

To promote the health and well-being of our community, environment and economy by facilitating recreational opportunities and coordinating the enhancement of our parks, facilities and natural resources now and into the future.

Vision Statement

To be the central driving force in strengthening the heritage of a healthy, active community for future generations by continuing on the path of improving and enhancing our parks and facilities, protecting our natural resources, and developing partnerships to deliver recreation programs and services.

Financial Assistance Policy

The goal of the fee assistance policy is to lower financial barriers to participation in park programs for Duluth residents in financial need. Eligibility for the program is determined by completing an application and verifying City of Duluth residency. Qualified household members will be eligible to receive a discounted price on Parks and Recreation program fees. The discount is valid for the calendar year in which citizens applied and applicants must reapply for fee assistance each year. To qualify for assistance, applicants must affirm, one, that they are Duluth residents, and, two, that they are receiving, or are eligible for, one of the following benefits:

- School Free and reduced lunch program
- Housing Authority (HUD) Section 8 Rent Subsidy
- Medicare or Medicaid
- County financial assistance (SNAP, Emergency or Medical Assistance, Unemployment)
- Social Security Disability

The amount of fee assistance provided to each participant is limited per calendar year to:

- Up to \$300 per participant for qualifying programs
- Once recipients meet \$300 limit, then up to 50% off all other qualifying programs

Weather Hotline

Call the weather hotline at 218-730-4321 for information on program cancellations or trail closure information, visit our Facebook page, **DuluthParksMN**, for the most up to date program information.

Visit duluthmn.gov
to register for programs

Registration

Online

To register for parks and recreation programs, please visit our online registration system at duluthmn.gov/parks/register. Log in with your username and password, or create an account if you are new.

Create Account

- Go to duluthmn.gov/parks/register
- Select “Create an Account”
- Enter all required information (all family members, contact information and birthdates must be entered – including correct year)

Over the phone

- Duluth Parks and Recreation Office, 218-730-4300

Payment

Payment must be made at the time of registration by cash, check or credit card.

Cancellations and Refunds

- Participants wishing to withdraw from a program must do so at least three days prior to the start of the program or by the stated registration deadline to guarantee a full refund.
- Partial refunds after the start of the program are only considered if injury or serious illness occurs and must be approved.
- Refunds can take up to three weeks to process.
- If program is cancelled by Parks & Recreation, full refunds will be issued.

Photo Policy

Photographs and video are occasionally taken of participants while they are in programs, special events, city facilities, or while enjoying park spaces. Please note that these photos may be published by the City of Duluth.

Contact Us



218-730-4300



parks@duluthmn.gov



duluthmn.gov/parks



Facebook: DuluthParksMN



Parks and Recreation – City Hall (Ground Floor) 411 W. First St., Duluth, MN 55802



Learn about the all new

DULUTH PARKS & RECREATION TRACK CHAIR

Available for use starting this Fall at Hartley Nature Center and at upcoming Duluth Parks & Recreation Programs!

A track wheelchair is a **mobility device** that operates like a power wheelchair with tracks that allow the user to **traverse sand and natural surfaces**, which **provides access** to areas where a traditional wheelchair might not reach.

Duluth Parks & Recreation's track chair will be available for use at various Parks & Recreation programs, and is available at Hartley Nature Center for users to reserve and use around Hartley Park.

More information coming this fall on how to reserve the Track Chair. Reservations will be available at duluthmn.gov/parks/register



Duluth Parks & Recreation



The Greater Minnesota Regional Parks and Trails Commission (GMRPTC) Connecting People to the Outdoors small grant program is intended to encourage innovation and nurture creative partnerships. Duluth Parks and Recreation was awarded a \$14,280 grant this spring to support the purchase of a track wheelchair.

COMMUNITY EVENTS

EDIBLE DULUTH: PUBLIC ORCHARD INFO NIGHT

Drop in to this special Pop-Up Play program (see more on page 8) and learn about “Edible Duluth”, our public orchards, in 16 locations throughout the city. Public orchards are designed to create an inclusive and interactive experience for all to enjoy, by producing organic food to be shared, educating ourselves and our neighbors, improving and beautifying public spaces. There are 12 apple variations as well as one cherry tree variation.

Ages: All

Merritt Park, 4017 W. 7th St.

Th | Sept. 14 | 4-6 p.m. | Free

PUMPKIN PALOOZA

It’s pumpkin season! We’re celebrating fall with a pumpkin-themed storytime at 10 a.m. followed by drop-in pumpkin decorating and fun from 10:30 a.m.-noon. BYO pumpkin or Whole Foods Co-op will be there with a limited supply of pumpkins and Parks and Rec will have everything you need to paint, carve, and create!

Ages: All

Harrison Park, 3002 W. 3rd St.

Sa | Oct. 7 | 10 a.m.-Noon | Free

GLOW HIKE

Experience the fun of night hiking with a self-guided, glow-stick illuminated hike on the Waabizheshikana Trail (The Marten Trail) and stick around for roasting marshmallows and a bonfire before or after your hike. Start at Indian Point Campground and BYO glow sticks, glow in the dark clothing, light up shoes, or whatever you can find to add some flare to your hike! A limited supply of glow sticks available.

Drop in anytime 6-8 p.m. Sunset is at 5:59 p.m. Come early for a twilight experience from 6-6:30; expect a more night-time experience from 6:30-8 p.m. The Marten Trail is an all-weather crushed gravel trail along the St. Louis River with some rolling terrain.

Ages: All

Waabizheshikana Trail from Indian Point Campground, 7000 Pulaski St.

F | Oct. 27 | 6-8 p.m. | Free



COMMUNITY EVENTS

HOWL-O-WEEN AT KEENE

Enjoy Keene Creek Dog Park with your dog to play, take a photo with our Howl-o-ween photo booth, and pick up a treat bag just for your pup!

Costumes encouraged but not required to join in the fun. Dogs must be leashed when outside the dog park area. Register by October 27 to guarantee a goodie bag for you dog! \$5 per treat bag.

For every \$5 treat bag you purchase, be entered to win a toy for your pup! Drawing for the toys will be at 5:45 p.m. Must be present to win.

Ages: All
Keene Creek Dog Park, *Bristol St. & N. 63rd Ave. W.*
M | Oct. 30 | 4-6 p.m. | \$5 per treat bag

SOLSTICE LUMINARY HIKE

Welcome winter with a self-guided, candle-lit walk at Enger Park. Drop in anytime between 5-8 p.m. Start from the Enger Park Golf Course and follow the luminaries along a snow-stomped path. Enjoy a cup of hot chocolate as you welcome in longer days ahead. Limited parking; please carpool.

Check the event page or DuluthParksMN social media pages or website, duluthmn.gov/parks for any weather-related updates leading up to this event.

Ages: All
Enger Park Golf Course, *1801 W. Skyline Pkwy.*
Th | Dec. 21 | 5-8 p.m. | Free

HARVEST ART IN THE PARK

Ages: All
Norton Park, *491 N. 81st Ave. W.*
Sa | Sept. 9 | 10 a.m.-Noon

Celebrate the bounty of the season with stories, art, and play! Join the Duluth Public Library for a storytime at 10:00 a.m., followed by time for some messy fruit and veggie art, and outdoor play with Parks and Recreation. Drop in anytime before noon for art and play. Geared toward ages 8 and under but all children and their caregivers are welcome.



GENERAL PROGRAMS

GONE FISHIN'

We will teach you how to fish and share fishing stories of the past. All equipment provided; participants welcomed to bring their own equipment. Prior fishing experience not necessary, this program is for anyone looking to learn something new, refresh their skills, or just go fishing. Fishing license included for program.

Ages: 9+ | \$5

Day	Date	Location	Time	Course #
M	Aug. 21	Perch Lake Fishing Pier, <i>MN Hwy 23 & 121st Ave. W.</i>	4-6 p.m.	3254
Th	Sept. 7	Rice Point Dock, <i>1240 Garfield Ave.</i>	4-6 p.m.	3255
M	Sept. 11	Chambers Grove, <i>13404 MN Hwy 23</i>	4-6 p.m.	3256
M	Sept. 25	Lester River, <i>6008 MN-61</i>	7-9 a.m.	3257
M	Oct. 2	Lester River, <i>6008 MN-61</i>	7-9 a.m.	3264

Max Enrollment: 10

SAILING WITH DULUTH SUPERIOR SAILING ASSOCIATION

Learn the basics of sailing with the Duluth Superior Sailing Association. Spend time both onshore and out sailing. Participants will start with learning basic sailing knowledge like wind direction, simple sailing knots, and parts of a sailboat. The second half of the lesson will be rigging a sailboat and working on more basic sailing skills while under sail. New sailors will learn to sail up wind, downwind, how to approach the dock, and on water safety skills. This is a great way to get into sailing and then explore more instruction and opportunities with DSSA!

Park Point, *45th St. and Minnesota Ave.*
5:30-8 p.m. | \$50

Day	Date	Ages	Course #
M	Aug. 28	7+ for Families	3258
Tu	Sept. 5	18+ for Adults	3259

Max Enrollment: 12



GENERAL PROGRAMS

ADVENTURE BOOK CLUB

Join Duluth Public Library for a book club in the great outdoors! Held at a different City park each month, we'll discuss a book with an outdoor theme, followed by a low-impact, optional hike led by Parks and Recreation.

Ages: 18+

Th | 10 a.m.-Noon | Free

Date	Location	Distance/Difficulty	Course
Sept. 14	Chester Park, 1800 E. Skyline Pkwy.	Up to 2 miles easy trails	2985
Oct. 12	Chambers Grove, 13404 MN Hwy 23	Up to 2 miles easy trails	2986

Max Enrollment: 12

POP UP PLAY

Join our programming team at a new park every week for Pop Up Play! We will have extra games and activities every Thursday at a city park.

Ages: All

Th | 4-6 p.m. | Free

Date	Location
Sept. 7	Portman Park, 4601 McCulloch St.
Sept. 14*	Merritt Park, 4017 W. 7th St.
Sept. 21	Hillside Sport Court, 408 E. 8th St.
Sept. 28	Morgan Park, 1242 88th Ave. W.

*Edible Duluth: Public Orchard Info Night (see page 5)

INTRODUCTION TO DULUTH MOUNTAIN BIKING

This course is designed to get you familiar with the basics of mountain biking. We will cover some of fundamentals to get you feeling comfortable on trail, and how to access and navigate our Duluth trail system. This program will have up to 4 miles of trail riding on beginner mountain bike trails. Bring your own bike and helmet for this program or we can provide one for you.

Ages: 16+

Kingsbury Creek Trailhead, 7215 Waseca St.
5:30-7:30 p.m. | \$30

Day	Date	Course #
M	Aug. 28	3262
Tu	Sept. 5	3263



GENERAL PROGRAMS

INTRO TO ARCHERY

Come learn a new skill and practice your accuracy. Participants will learn the basic safety, technique, and process for shooting archery and practice their skills on the range. This is an introductory class for families and community members to learn the basics of archery.

The bows that will be used are not suitable for children under the age of 8. All equipment provided.

Ages: 8+ | \$7

Washington Center Gym, 310 N. 1st Ave. W.

Fall schedule of archery classes with dates and times for Sept.-Dec. will be posted online and open for registration no later than September 5. Please watch our Facebook page for an update.

Max Enrollment: 12

OPEN ARCHERY

Once you've taken an Intro to Archery class, camp, or program through Parks & Recreation, join us for Open Archery. This program is a chance for you to come review and practice your archery skills! All equipment provided; no personal archery equipment will be allowed.

Ages: 8+ | \$7

Washington Center Gym, 310 N. 1st Ave. W.

Fall schedule of archery classes with dates and times for Sept.-Dec. will be posted online and open for registration no later than September 5. Please watch our Facebook page for an update.

Max Enrollment: 12



GENERAL PROGRAMS

MUSIC TOGETHER

Discover the joy of making Music Together! Sing, laugh, move and learn along with your baby, toddler or preschooler for 45 minutes of pure fun each week in these award-winning classes. We bring families together in a warm, supportive environment with the goal of having everyone feel comfortable singing, dancing and jamming. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music-makers just by having fun making music themselves. Classes are mixed-age so the siblings can be together. Infants under eight months on the first day of the fall session (born after Jan 25, 2023) attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook and parent education materials. Try a free demo class to see if this program is a good fit for your family.

Ages: Infant-Preschool with Adult Caregiver
Harrison Community Center, 3002 W. 3rd St.
Portman Community Center, 4601 McCulloch St.

Day	Date	Time	Cost*	Location	Course #
M	Sept. 11-Free Demo	9:30-10:15 a.m.	Free	Portman	3241
M	Sept.11-Free Demo	5:30-6:15 p.m.	Free	Portman	3242
Tu	Sept.19-Free Demo	10-10:45 a.m.	Free	Harrison	3243
M	*Sept. 25-Dec.4	9:30-10:15 a.m.	\$179	Portman	3244
M	*Sept. 25-Dec.4	5:30-6:15 p.m.	\$179	Portman	3245
Tu	**Sept. 26-Dec. 5	10-10:45 a.m.	\$179	Harrison	3246

Note: No classes on November 6 or November 7. October 31 class at Harrison will be held at Portman.
Max Enrollment: 12

*Note: additional sibling is \$97; use "Additional Sibling – Music Together" discount during check-out for this rate. Infants under 8 months can attend for free with a registered sibling.



GENERAL PROGRAMS

COSMIC DODGEBALL

Come relive your childhood as we play dodgeball in the dark! Black lights, glowsticks, glow-in-the-dark dodgeballs and more. We'll play a few different formats of dodgeball in some friendly competition!

Ages: 18+

Washington Center Gym, 310 N. 1st Ave. W.
M | 7:30-8:30 p.m. | \$5

Day	Date	Course #
M	Nov. 13	3249
Th	Dec. 7	3250

CRAFTING HOLIDAY DECORATIONS

Create holiday decorations to not only decorate your own home, but to make new decorations for our annual Holiday Party for seniors!

The decorations we will create include:

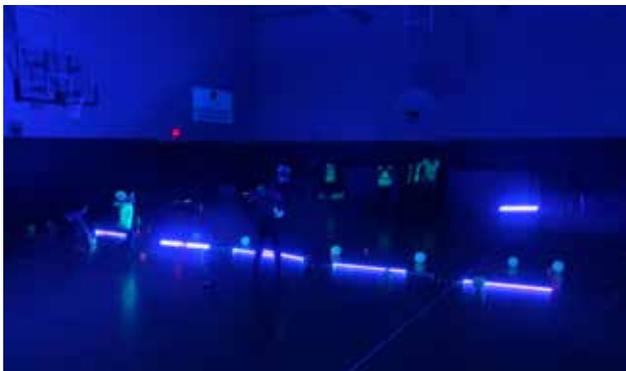
- Holiday Mason Jar Centerpiece*
- Snowman Decoration/Ornament*
- Window painting a winter scene at Morgan Park Community Center

*complete one for yourself and one for our senior Holiday Party!

Ages: Adults or adults with children (13+ encouraged based on projects)

Morgan Park Community Center, 1242 88th Ave. W.
Tu | Nov. 14-Dec. 5 | 6-7:30 p.m. | \$20

Max Enrollment: 16



OPEN SKATE

This is an opportunity for anyone to try out ice skating. Indoor rink, music, and no sticks or pucks allowed for a comfortably paced and secure environment for active fun and interaction. Limited skates available for use.

Ages: All

Essentia Duluth Heritage Center, 120 S. 30th Ave. W.
Sept. 6-Dec. 20 | Su 3-5 p.m. | W 6:30-8 p.m. | \$3

Max Enrollment: 75

THEMED SKATING NIGHTS WITH DJ

Join us on the ice for our free holiday skate nights!

Ages: All

Essentia Duluth Heritage Center, 120 S. 30th Ave. W.
W | 6:30-8 p.m. | Free

Date	Theme
Oct. 25	Boo Bash
Nov. 15	Gobbler Glide
Dec. 13	Skate with Santa



GENERAL PROGRAMS

WOMEN HIKE DULUTH

We have partnered with Hike Duluth to provide guided hikes at various parks to encourage women to be active and meet others who also enjoy the outdoors. Wear sturdy shoes and dress for the weather. Each month will be a new location.

Ages: All | Free

Day	Date	Time	Location	Difficulty	Course #
Tu	Sept. 19	6-7 p.m.	Hawk Ridge Trailhead, <i>E. Skyline Pkwy.</i>	Moderate	3266
Sa	Oct. 21	10 a.m.-Noon	Kingsbury Woods, <i>Upper Spirit Mt Parking Lot B</i>	Moderate	3267
Sa	Nov. 18	10 a.m.-Noon	Brighton Beach from Lester Park, <i>61 Lester River Rd.</i>	Easy	3268
Tu	Dec. 19	6-7 p.m.	Piedmont Trails, <i>2226 Hutchinson Rd.</i>	Moderate	3269

FULL MOON HIKE

On the evening of the full moon, join us for a hike to enjoy the peacefulness of the night sky. Headlamps will be provided if desired. We will not host Full Moon Hikes in November and December due to holidays. Full Moon Hike will resume in January.

Ages: All | \$5

Day	Date	Time	Location	Difficulty	Course #
F	Sept. 29	6:30-7:30 p.m.	Hartley Park, <i>3001 Woodland Ave.</i>	Moderate	3260
Sa	Oct. 28	6-7 p.m.	Park Point Trail, <i>4599 Minnesota Ave.</i>	Easy	3261



GENERAL PROGRAMS

HIKING THE SUPERIOR HIKING TRAIL - THE DULUTH EDITION

Hike the Duluth section of the Superior Hiking Trail with Duluth Parks and Recreation! Throughout our *bi-weekly guided hike series, we will be completing the Duluth section of the Superior Hiking Trail.

Hikers must sign up for shuttle in advance to guarantee a spot on the shuttle. The Parks & Rec shuttle will meet at the end location and transport you to the start location. Hikers are welcome to hike ahead at their own pace or stay with the group, ending at the shuttle pick-up location. Please bring water and adequate footwear.

Ages: All

Su | Shuttle Pick-Up Time 2:45 p.m. | \$5

Date	Shuttle Pick-Up Location	Hiking Route	Miles	Approx. Hike Time	Course #
Aug. 14	Skyline/Highland Trailhead <i>7051 W. Skyline Pkwy.</i>	Kingsbury Creek Trailhead to Skyline/Highland Trailhead	3.2	1.5 hours	2992
Aug. 28	Haines Rd Trailhead <i>3210 Hanines Rd.</i>	Skyline/Highland Trailhead to Haines Rd. Trailhead	2.6	1.5 hours	2993
Sept. 10	Enger Park Trailhead <i>1461 W. Skyline Pkwy.</i>	Haines Rd. Trailhead to Enger Park Trailhead	4.5	2.5 hours	2994
Sept. 24	Rose Garden <i>15 S. 13th Ave. E.</i>	Enger Park Trailhead to Rose Garden Trailhead	3.8	2.25 hours	2995
Oct. 15	Hartley Trailhead <i>3001 Woodland Ave.</i>	Rose Garden to Hartley Trailhead	4.5	2.5 hours	2996
Oct. 22	Martin Rd Trailhead <i>Near 3801 Martin Rd.</i>	Hartley Trailhead to Martin Rd. Trailhead	3.1	1.5 hours	2997

Max Enrollment: 13

GENERAL PROGRAMS

BIKE THE DULUTH TRAVERSE

Mountain bike the Duluth Traverse with certified mountain bike instructors from Parks and Recreation. Break up the approximately 43 mile trail into five segments with a shuttle for a point-to-point ride. Sign up for each section and complete the whole trail, or pick and choose sections! The shuttle will meet at the end of ride location and transport you to the start location. Riders must provide their own bike and safety gear. Rides range from 7-13 miles on moderate trails (Green and Blue rated). Participants must register in advance.

Ages: 16+ | \$5 per shuttle | Meet at 5 p.m. to load bikes. Shuttle will leave at 5:15 p.m

Day	Date	Meeting Location	Duluth Traverse Section	Course #
W	Aug. 30	Hartley Park TH, 3000 Woodland Ave.	Lester-Hartley	3270
Tu	Sept. 5	Antenna Farm TH, W. 13th St.	Hartley-Antenna Farm	3271
Tu	Sept. 12	Brewer Park TH, 40th Ave. W.	Antenna Farm-Piedmont	3272
Tu	Sept. 19	Grand Ave. Chalet, 8551 Grand Ave.	Piedmont-Spirit Mountain	3273
Tu	Sept. 26	Chambers Grove, 13404 MN HWY 23	Spirit Mtn.-Chambers Grove	3274

Max Enrollment: 8



ADULT LEAGUES

KICKBALL LEAGUE

Throw, kick, and catch your way to a good time! This is an open (no male/female restrictions) league! Season consists of a regular season and end of year playoffs. Teams will play once a week each Wednesday between the hours of 6 – 10 p.m. Deadline to sign up a team is Wednesday, August 23.

Ages: 18+

Wheeler Athletic Complex, 3501 Grand Ave.

W | Aug. 30-Oct. 11 | 6-10 p.m. | \$150 per team | Course # 3210

Max Enrollment: 12 teams

ULTIMATE FRISBEE LEAGUE

Have fun throwing a frisbee around under the lights! Register as an individual and then be placed on a team. Deadline to sign up is Thursday, August 31.

Ages: 18+

Chester Park, 1800 E. Skyline Pkwy.

M | Sept. 11-Oct. 30 | 6-9 p.m. | \$30 per individual | Course # 3211

Max Enrollment: 50

VOLLEYBALL LEAGUE

This is a fun, recreational open (no male/female restrictions) league! It will be played as 6 v 6. Season consists of a regular season and end of year playoffs. Teams will play once a week each Sunday between the hours of 6 – 10 p.m. Deadline to sign up a team is Thursday, October 26.

Ages: 18+

Washington Center Gym, 310 N. 1st Ave. W.

Su | Nov. 5-Dec. 17 | 6-10 p.m. | \$150 per team | Course # 3212

Max Enrollment: 8 teams



NFL FLAG FOOTBALL LEAGUE

Our flag football program is designed to develop skills and a fundamental understanding of the game while emphasizing participation and sportsmanship! Deadline to sign up is Thursday, August 17.

Ages: 5-14
 Wheeler Athletic Complex, 3501 Grand Ave.
 Tu, Th | Sept. 5-Oct. 5 | \$65

Grades	Time	Course #
K-2	5:30-6:30 p.m.	3184
3-5	6:30-7:30 p.m.	3185
6-8	7:30-8:30 p.m.	3186

PLAY GYM

Come enjoy some indoor play space, toys, and equipment for kids and caregivers to use. Both adults and children have the opportunity to engage in active play and socialize with others. Adults choose toys and equipment that are suitable for the age and interest of their children. This is an open-play style program and no hands-on instruction will be provided.

*Punch cards available for purchase and available as part of our Fee Assistance program for families who qualify.

Ages: 0-5 with caregiver
 Washington Center Gym, 310 N 1st Ave W.
 W | Sept. 6-Dec. 20 | 10-11:30 a.m. | \$2
 Max Enrollment: 16



HOMESCHOOL GYM TIME

This program will provide various activities for youth to stay active indoors during the winter months. The gym can be divided into younger and older groups as needed.

November activities: sports such as soccer, kickball, and pickleball
 December activities: biking skills with bikes and helmets provided

Ages: 6+ with parent/guardian supervision
 Washington Center Gym, 310 N. 1st Ave. W.
 W | Nov. 15-Dec. 20 | 11:30 a.m.-1 p.m. | \$4/day | Course # 3239

Max Enrollment: 16

YOUTH BIKING SKILLS

Youth Biking Skills will help youth learn and practice biking skills, even in the winter! A certified instructor will provide instruction on basic biking skills and youth will practice their skills in different activities, drills, and challenges.

All equipment, including bikes and helmets, provided.

Youth on Trails is an initiative to expand access to mountain biking for youth. Programming and equipment made possible by a grant from the Greater Minnesota Regional Parks and Trails Commission, through the Clean Water, Land and Legacy Amendment.

Ages: 7-14
 Washington Center Gym, 310 N. 1st Ave. W.
 M | 6:30-7:30 p.m. | Free

Date	Course #
Dec. 11	3252
Dec. 18	3253

Max Enrollment: 8

55+ PROGRAMS

55+ Senior Program Locations:

Evergreen Senior Center, 5830 Grand Ave. | Board meeting: Second Friday at 10:30 a.m.

Morgan Park Community Center, 1242 88th Ave. W. | Board meeting: First Wednesday at 10:30 a.m.

Portman Community Center, 4601 McCulloch St. | Board meeting: Second Monday at 10:30 a.m.

SENIOR DINING

Meals for seniors are provided by the Arrowhead Economic Opportunity Agency (AEOA) at some of our park locations for a \$4.00 contribution for those 60 and above, or \$7.50 for those under 60. Meal reservations must be made at least 24 hours in advance. Dining menus can be found at Evergreen Senior Center.

To sign up for senior dining, please call:
218-727-4321 or 218-727-6448

SENIORS GET SAVVY

Do you have questions about your new device? Are you looking to make the most of your settings, access Facebook on your phone, or adjust your privacy settings? Join us for an informational Q&A session designed to boost your confidence in using technology! Please bring in your device(s) and know your passwords. Please be aware that these sessions do not provide repair or virus removal services.

Ages: 55+
Evergreen Senior Center, 5830 Grand Ave.
Th | 9:30-11 a.m. | Free

Date	Course #
Sept. 7	3206
Oct. 12	3207
Nov. 9	3208
Dec. 14	3209

HOSPICE 101

Do you know different kinds of hospice care available? Join us with experts from St. Luke's Hospice to learn about what your options are. Discuss ways you can be prepared, what questions to ask, and how to make plans that are best for you.

Ages: 55+
Evergreen Senior Center, 5830 Grand Ave.
Th | Dec. 7 | 11 a.m. – noon | FREE | Course # 3229



55+ PROGRAMS

ACTIVITY CLUBS

Activity Clubs are community-run groups that meet in park spaces and community centers throughout the city. Everybody aged 55+ is welcome to join an existing or create a new Activity Club. For more information on creating or participating in an Activity Club, please visit: www.duluthmn.gov/parks/seniors or contact our Recreation Specialist for senior programs at 218-730-4310. Schedules are subject to change.

Activity	Location	Day	Time	Course #
500 Cards	Evergreen	Tu, F	12:15-3 p.m.	1968
BINGO	Evergreen	Th	12:30-3 p.m.	2226
BINGO	Morgan Park	W	12:30-3 p.m.	2079
Bone Builders	Evergreen	Tu, Th	9-10 a.m.	1969
Bridge	Portman	M	Noon-3 p.m.	1965
Cribbage	Evergreen	W, Sa	1-4 p.m.	2809
Cribbage	Morgan Park	Tu	12:30-3 p.m.	1959
Dominoes	Evergreen	M	10 a.m.-noon	1967
Hand and Foot	Evergreen	M	Noon-3 p.m.	1966
Men's Coffee and Chat	Portman	W	9-11 a.m.	2031
Play/Learn to Play Mahjong	Evergreen	W	Noon-3 p.m.	1960

TRAIL TREKKERS

Experience the natural beauty of Duluth with other 55+ individuals! This hiking series will observe seasonal changes throughout our parks on a different trail each week. Hikes vary in difficulty. Please dress for the weather. Pre-registration required.

Ages: 55+
Tu | \$2

Date	Time	Location	Difficulty	Course #
Sept. 5	6:15-7:15 p.m.	Rose Garden, 1300 London Rd.	Easier	3190
Sept. 12	6:15-7:15 p.m.	Chester Park, 1800 E. Skyline Pkwy.	Moderate	3191
Sept. 19	5:45-6:45 p.m.	Oneota Park, W. Skyline Pkwy.	Difficult	9192
Sept. 26	5:45-6:45 p.m.	Park Point Trail, 5600 Minnesota Ave.	Easier	9193
Oct. 3	5:30-6:30 p.m.	Piedmont, 2226 Hutchinson Rd.	Moderate	9194
Oct. 10	5:30-6:30 p.m.	Lester Park, 61 Lester River Rd.	Moderate	9195
Oct. 17	5-6 p.m.	Observation Hill, 1461 W. Skyline Pkwy.	Difficult	9196
Oct. 24	5-6 p.m.	Quarry Park, 1325 59th Ave. W.	Easier	9197
Oct. 31	4-5 p.m.	Hawk Ridge, E. Skyline Pkwy.	Moderate	9198

55+ PROGRAMS

ADVANCED CARE PLANNING

Take control of your future by planning ahead with a Health Care Directive! Join us with experts from St. Luke's Hospice for a comprehensive session where you'll gain a clear understanding of your options, learn common terminology, and acquire the necessary tools to confidently manage your Advance Care Planning. By the end of this session, you'll be equipped with knowledge about selecting a healthcare agent, identifying various types of advance directives, and understanding the components of a Health Care Directive form.

Ages: 55+

Evergreen Senior Center, 5830 Grand Ave.

Th | Sept. 14 | 11 a.m.-Noon | FREE | Course # 3228

LUNCH, LEARN, AND SHARE

Join us with Duluth Aging Support for a monthly conversation on rotating topics that are important to our community. We will have refreshments upon arrival, and food catered from local vendors. Pre-registration is required, food is limited to 30 participants.

Ages: 55+

Harrison Community Center, 3002 W. 3rd St.

F | 10:30 a.m.-12:30 p.m. | Free

Date	Topic	Course #
Sept. 15	Aging with Meaning and Purpose	2689
Oct. 20	Fall Prevention and Safety in the Home	2690
Nov. 17	Legal Topics for Older Adults and Caregivers	2691
Dec. 15	Celebrating the Season Together	2692



EXPLORE MINNESOTA'S AUTUMNAL SKIES

Embark on an evening of celestial exploration! Local expert, Astro Bob, will guide you through what is in Minnesota's Autumn night sky. We will meet at the top of Hawk Ridge to view far away objects through telescopes. Bring your questions, this informal presentation is suitable for beginners and experts alike!

Ages: 55+

Location: Hawk Ridge, 3980 E. Skyline Pkwy.

Th | Sept. 21 | 8 – 10 p.m. | \$5 | Course # 3201

Max Enrollment: 3

STUNNING SUN — GETTING TO KNOW THE CLOSEST STAR

Join us with local expert, Astro Bob, to marvel at the powerful beauty of our Sun. Through a special telescope you'll have the rare opportunity observe unique features like sunspots and watch for explosive activity as we near the peak of its 11-year cycle.

Ages: 55+

Location: Wade Stadium, 101 N 35th Ave. W.

W | Oct. 18 | 1-2 p.m. | \$5 | Course # 3200

Max Enrollment: 35



COSMIC KALEIDOSCOPE: A GUIDE TO THE AURORA

Discover the mesmerizing science behind the aurora as you learn about these breathtaking displays occur. Local expert, Astro Bob, will present information on this natural phenomenon and provide invaluable tips for spotting the Northern Lights in Minnesota.

Ages: 55+

Location: Harrison Community Center, 3002 W. 3rd St.

Tu | Nov. 21 | 6-7 p.m. | \$3 | Course # 3202

Max Enrollment: 35

DRIVER SAFETY REFRESHER WITH AARP

Join us for AARP Smart Driver courses. When course is completed, you may be eligible for discounts on your auto insurance. Plus, safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road. Pre-registration required, space is limited. Class taught by Marilyn Fleming with AARP.

Ages: 55+

Morgan Park Community Center, 1242 88th Ave. W.
M | 1-5 p.m. | \$20-25

Date	Course #
Sept. 11	3168
Oct. 2	3169
Nov. 13	3170
Dec. 4	3170

Max Enrollment: 20

55+ Programs

CURLING, CARDS & COFFEE

Join us at Evergreen for some Friday fun! Come together for a social hour where you can engage in indoor curling, shuffleboard, card and board games over a cup of coffee. You are invited to bring along your favorite snack or game to share.

Optional meal from AEOA will be available at 11 a.m. after as a part of the Senior Dining program. Meal is \$4 for those above, and \$8.50 for those under.

Ages: 55+

Evergreen Senior Center, 5830 Grand Ave.

F | 10-11 a.m. | Free | Course # 3203

Dates: Sept. 22, Oct. 27, Dec. 1

DAY TRIP: PEPIN HEIGHTS FALL COLORS

Join us for an Autumnal trip to Pepin Heights, the largest apple grower in Minnesota and the nation's leading distributor of Honeycrisp apples. Explore their impressive variety of over a dozen apple types, including Honeycrisp, State Fair, Paula Red, and McIntosh. Indulge in shopping for apple products and unique gifts. Round trip transportation on a coach bus, and lunch at Chickadee Cottage Café is included. On our way back, we'll make a stop at Nelson's Cheese Factory. Pre-registration required by Monday September 15, space is limited.

Ages: 55+

Pickup at Wheeler Athletic Complex, 3501 Grand Ave.

W | Oct. 18 | 7:15 a.m.-7:15 p.m. | \$98 | Course # 3213

Max Enrollment: 50

DAY TRIP: SWEDISH CHRISTMAS

Immerse yourself in Swedish culture and holiday festivities with a day trip to the American Swedish Institute in Minneapolis. Explore the Bokhandel Gift Shop, featuring Swedish crystal, art, collectables, jewelry, books, candy, and more. Enjoy a traditional Swedish lunch with a Smörgåsbord buffet. After lunch, we will step back in time for a guided tour of the exquisite Turnblad Mansion, showcasing intricate wood carvings, sculpted ceilings, and hand-crafted Swedish tile stoves. Founded by Swedish immigrants in 1908, the American Swedish Institute is a cultural center where you can learn and experience Swedish, Swedish-American, and Nordic culture, and appreciate the role of immigrants in Minnesota's history. Pre-registration required, space is limited. Register by Friday, November 3.

Ages: 55+

Pickup at Wheeler Athletic Complex, 3501 Grand Ave.

Tu | Dec. 5 | 8:15 a.m.-5 p.m. | \$98 | Course # 3214

Max Enrollment: 50

55+ Programs

FRIENDSGIVING POTLUCK PARTY

Join us for a morning of seasonal activities and games followed by a Friendsgiving potluck luncheon! We will provide disposable plates, silverware, cups, coffee, and fruit punch. A paper sign-up for potluck items will be posted at the Evergreen Senior Center on Monday, October 2 through Friday, October 27.

Ages: 55+

Evergreen Community Center, 5830 Grand Ave.

F | Nov. 3 | 10 a.m.-noon | Free | Course # 3199

GENTLE YOGA

Yoga provides numerous benefits for both the mind and body. It is an effective way to alleviate stress and tension, promote relaxation of the nervous system, and enhance overall mobility. Our experienced yoga instructor will guide you through a rejuvenating flow that will leave you feeling refreshed and revitalized. No previous experience is necessary, all levels welcome! Adaptations can be made where possible. Pre-registration required, registration closes the day before each session.

Ages: 55+

Portman Community Center, 4601 McCulloch St.

Tu | Sept. 12-Dec. 19 | 5:30-6:30 p.m. | \$3/session | Course # 2528

Max Enrollment: 16



55+ Programs

SPOOKTACULAR POTLUCK

Get into the Halloween Spirit and dress up in your best costume while you enjoy some Spooktacular sweets and crafts. We will paint mini-pumpkins to take home for your own Halloween displays and have small prizes for the top costumes. We invite you to bring your favorite Halloween treats to share.

Ages: 55+

Evergreen Senior Center, 5830 Grand Ave.

Th | Oct. 19 | 10-11:30 a.m. | FREE | Course #3215

SENIOR HOLIDAY PARTY

Save the date for the annual Senior Holiday Party! We will have dinner, dessert, door prizes, games, live entertainment, and a whole lot of holiday spirit.

Ages: 55+

Morgan Park, 1242 88th Ave. W.

F | Dec. 8 | 10:30 a.m. - 2 p.m. | \$10 | Course #3218



PROJECTS

FACILITIES

Facility	Address	Capacity	Handicap Accessible	Wi-Fi Available	Projection Screen	Microwave	Sink	Fridge	Stove	Ample Off-Street Parking	Limited Off-Street Parking	On-Site Event Host
City Center West/Evergreen Center	3501 Grand Ave.	50	x	x	x	x	x	x	x		x	
Morgan Park Community Center	1242 88th Ave. W.	100	x		x	x	x	x		x		
Harrison Community Center	3002 W. 3rd St.	50	x		x	x	x	x	x		x	
Portman Community Center	4601 McCulloch St.	50	x		x	x	x	x		x		
Lafayette Community Center	3026 Minnesota Ave.	50	x			x	x	x			x	
Park Point Beach House	4750 Minnesota Ave.	200	x		x	x	x	x		x		x
Wade Stadium	101 N. 35th Ave. W.	400	x							x		x
Washington Center Gym	310 1st Ave. W.	100	x								x	

PARKS

Park	Address	Capacity	Private Events	Wedding Events	Pavilion	Gazebo	Stage	Stadium	Electricity	Grill(s)	Permanent Restroom (May - Oct)	Portable Toilet	Playground	Ample Off-Street Parking	Limited Off-Street Parking
Bayfront Playfront Park	350 Harbor Dr.	20	x	x	x						x	x	x	x	
Brighton Beach Park	6202 Congdon Blvd.	50	x	x	x					x		x	x	x	
Chambers Grove Park	13419 W. 3rd St.	100	x	x	x				x	x	x		x	x	
Chester Park	1801 E. Skyline Parkway	200	x	x			x			x		x	x	x	
Enger Park	1601 Enger Tower Dr.	100	x	x		x			x	x	x				x
Gichi-ode' Akiing Park	218 Canal Park Dr.	50		x					x		x				x
Lakewalk Plaza	504 Canal Park Dr.	50		x								x		x	
Leif Erikson Park	1301 London Rd.	250	x	x			x		x			x			x
Lester Park	61 Lester River Rd.	250	x	x	x				x	x		x	x		x
Lincoln Park	2505 W. 3rd St.	100	x	x	x		x			x		x			x
Memorial Park	5315 Grand Ave.	50	x	x	x					x		x	x		x
Park Point Pavillion 1	4750 Minnesota Ave.	50	x	x	x				x	x		x			x
Park Point Pavillion 2	4750 Minnesota Ave.	50	x	x	x				x	x		x			x
Rose Garden	15 S. 13th Ave. E.	150		x		x			x		x				x
Sister Cities Park	218 Canal Park Dr.	50		x							x				x
Wade Stadium - Special Event	101 N 35th Ave W.	400	x	x				x	x			x			x

The following buildings are managed on behalf of Parks & Recreation by third parties.

Please contact them directly for assistance.

- [Bayfront Family Center](#) • 218.722.5573 • bayfront@decc.org • bayfrontfestivalpark.com
- [Chester Bowl Chalet](#) • 218.724.9832 • sam@chesterbowl.org • chesterbowl.org
- [Central Hillside Community Center](#) • 218.727.5372 • jsimonette@1roofhousing.org
- [Hartley Nature Center](#) • 218.724.6735 • info@hartleynature.org
- [Gary New Duluth Recreation Center](#) • 218.464.1930 • gnd.community
- [Lester-Amity Chalet](#) • 218.721.8241 • duluthxc.com
- [Woodland Community Center](#) • 218.722.4745 • eranta@duluthymca.org

FACILITY RESERVATIONS

ATHLETICS

Make a Reservation - Athletics, Facilities, and Parks

Permit applications and facility rentals can be found online: duluth.gov/parks/reservations-permits

Athletic Facility	Address	Multi-Use Field	Youth Baseball	HS/College Baseball	HS Baseball Field	Softball Field	Pickleball	Tennis	Bocce Ball	Horseshoes	Basketball Court	Sand Volleyball	Lights	Scoreboard
Blackmer Park	8301 Beverly St.	x												
Chester Park	1800 E. Skyline Pkwy.	x												
Duluth Heights	33 W. Mulberry St.	x	x											
Helmer Carlson (Basswood Field)	900 N. Basswood Ave.		x			x								
Irving Park	20 S. 57th Ave W.	x												
Merritt Park	4017 W. 7th St.	x	x			x	x				x			
Wheeler Complex	35th Ave. W. & Grand Ave.						x	x	x	x	x	x		
Wheeler Ball Field 1	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 2	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 3	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 4	35th Ave W. & Grand Ave.		x			x							x	x
Wheeler Ball Field 5	35th Ave W. & Grand Ave.				x								x	x
Wade Ball Field 6	35th Ave W. & 1st St.		x			x							x	x
Wade Ball Field 7	35th Ave W. & 1st St.		x			x							x	x
Wade Stadium	35th Ave W. & 1st St.			x									x	x
Woodland Park	3211 Allendale Ave.	x	x			x								



Parks Planning

Parks & Recreation planning, design, construction, and public engagement efforts related to parks, park facilities, trails, and natural resources is led by our Stewardship team. Stewardship projects aim to improve park access and recreational experiences for our citizens, reduce conflicts, enhance resiliency, and protect our natural resources. To learn more about active parks planning, design, and construction projects, please visit our Progress in the Parks page at: duluthmn.gov/parks/parks-planning/progress-in-the-park

Guiding Documents

Parks & Recreation decisions and services are guided and informed by a series of reference documents, such as mini-master plans, natural area management plans, and ordinances as approved by the Parks and Recreation Commission and/or City Council. To learn more about the background, public engagement processes, design approach, and recommendations related to specific parks and natural areas, please visit our Parks Planning Library and Duluth Natural Areas Programs pages at duluthmn.gov/parks/parks-planning/parks-planning-library/ and duluthmn.gov/parks/natural-resources/dnap

Project Highlight

Waabizheshikana: The Marten Trail Segments 0-3

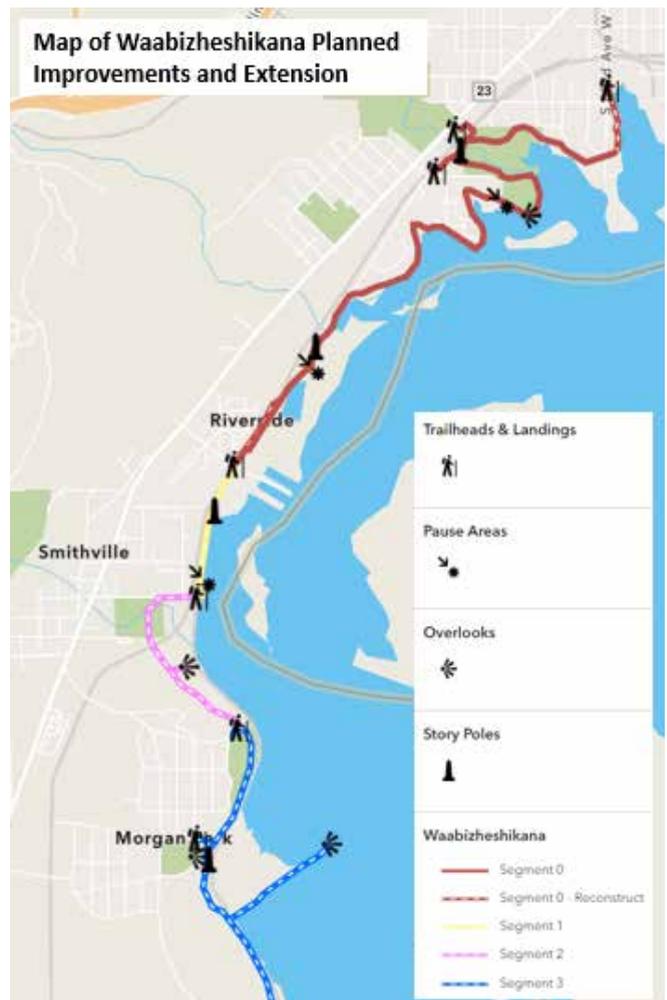
Starting next year, construction will begin for improvements to and extension of Waabizheshikana: The Marten Trail. Parks & Recreation is currently working on the final design and anticipate the trail will be open for use in 2025.

The project will include:

- Accessibility improvements to the existing trail
- Extension of the trail from Spring Street through Slag Point to bring the new total length of trail to nearly 6 miles
- Interpretive elements and creation of 3 pause areas
- Trailhead improvements at Munger Landing and Blackmer Park
- Comprehensive signage and wayfinding

More information about the project is available at:

duluthmn.gov/parks/parks-planning/progress-in-the-park/waabizheshikana-the-marten-trail-segments-0-3





Duluth Parks & Recreation





Duluth Parks & Recreation





duluthmn.gov/parks